

Participant Information Sheet

Research Title: Dimensions of Life Pilot Retirement Survey

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Thank you for your interest in participating in this research project. Please read the following information about the project, so that you can decide whether you would like to take part in this research. Please feel free to ask any questions you might have about involvement in the project.

If you decide to participate in this on-line research survey, please keep in mind that your participation is voluntary. If you do not wish to take part, you do not have to. If you decide to take part and later change your mind about completing the survey, you are free to stop at any time, and you would not need to give any explanation for your decision to stop participating. If you choose to stop participating, and do not submit the survey, your data will not be used in the research. Completing the survey and submitting your answers is taken as consent for your data to be used in this pilot research.

Your decision whether you take part, or not to take part, or to take part and then withdraw, will not affect your relationship with the University of Queensland or with UniSuper.

What is this research about?

This is a brief pilot survey of important dimensions of life to consider in advance of retirement, including issues around health, money, well-being, relations with other people, and keeping mentally engaged. Research has shown that these dimensions affect quality of life and well-being prior to, during, and post-retirement. In this research we are interested in hearing from UniSuper members about how these dimensions of life are ranked in importance and in current and future contexts for individuals, as these dimensions of life are experienced differently across individuals and their unique contexts.

What will I need to do?

If you agree to participate in our web-based survey, this involves clicking through to the next screen and answering a series of questions about these dimensions of life: health, money, well-being, relations with other people, and keeping mentally engaged. The survey can be completed in 10 minutes.

What are the possible benefits of taking part?

There are no direct benefits to UniSuper members if they participate in this research, but the results of this research will inform the development of potential services and information offerings within UniSuper, and will contribute to building a case from this pilot data for a larger research endeavour

between UniSuper and a UQ-led group of researchers on advancing knowledge and impacts of the non-fiscal aspects of the process of retirement for Australians.

What are the possible risks and disadvantages of taking part?

The survey is designed to be very short and is asking questions around five domains of life which are broadly applicable. There are perceived to be no risks in taking part in this research. Should you feel the need to speak with a health or mental health professional after filling in this survey, all UniSuper members are advised that they have access to the **360Health service as a UniSuper member** – the link is [HERE](#) and also accessible through the UniSuper website and app.

What will happen to the information about me?

All information collected about you will remain confidential and deidentified. The data is stored on secure servers at The University of Queensland and is only accessible to researchers named on this information sheet. The data is typically stored for 10 years.

It is anticipated that the results of this research project will be published and/or presented in a variety of forms. In any publication and/or presentation, information will be provided in such a way that you cannot be identified.

What will happen if I decide to withdraw?

Your participation in this research is voluntary and you are free to withdraw from the research anytime without needing to provide any explanation, and you would not receive any penalty or bias as a result of your withdrawal. Should you decide to withdraw/ not complete the survey, all the information collected from you will not be used in the research.

Can I hear about the results of this research?

The results of this survey will be used to inform UniSuper communications, and may also be published in a peer-reviewed academic journal.

Who can I contact if I have any concerns about the project?

This study adheres to the Guidelines of the ethical review process of The University of Queensland and the National Statement on Ethical Conduct in Human Research. Whilst you are free to discuss your participation in this study with the researcher (Nancy Pachana) contactable on n.pachana@psy.uq.edu.au, if you would like to speak to an officer of the University not involved in the study, you may contact the Ethics Coordinator on +617 3365 3924 / +617 3443 1656 or email humanethics@research.uq.edu.au

Alternatively, you can contact the UniSuper Research team at research@unisuper.com.au if you have any questions about this research project.

This research Ethics ID number: 2024/HE002063