

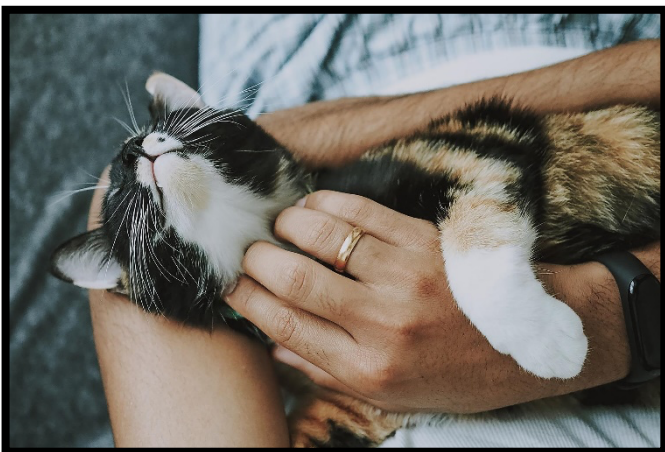
Companion animal support during COVID

Participants needed

- Spent extra time with your pets during the pandemic?
- Decided to get a new pet?
- Or you sadly had to say goodbye to a much-loved pet?

The COVID-19 pandemic resulted in increased social isolation for many, and rescue organisations saw a massive increase in pet adoptions. Animal companionship can be an invaluable support during times of increased stress and uncertainty such as the pandemic.

Animals help reduce stress and loneliness, improve mood, and encourage physical activity. However, animal ownership comes with increased responsibilities and the loss of one's pet can be incredibly distressing.



We are looking for: **adults 50+ years who owned a pet** for any period from 1st January 2020 to now, to have a chat about the benefits and disadvantages of animal companionship during the COVID-19 pandemic.

Discussions will occur **over Zoom** (or similar) at a time convenient to you and will go for **30 minutes**.

As a thank you for voluntarily participating, you can go into a draw to win one of four \$25 Coles vouchers.

Interested?

Contact Rebekah on email at:
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