

Gardening for Good



Who?

- **Do you have dementia, or care for someone with dementia?**
- **Are you comfortable in a garden?**

What?

If yes, you may be eligible to join a research program of gardening to improve wellbeing. You will also be helping to produce food for charities such as Meals on Wheels.

This program will run from September 2022 to November 2022.

How?

For more information or to participate in this research study please send an email, text message, or leave a voicemail at:

Email: ktulloch@usc.edu.au

Phone: 0434 706 063