

The Tailored Activity Program-Australia

Supporting people with dementia and their carers living at home



Are you living with dementia or caring for a family member with dementia?

We would like to know what **you** think about a program that researchers from the University of Queensland and elsewhere are undertaking to assist people living with dementia and family /care partners who provide care for them.

It is called the **Tailored Activity Program-Australia** (TAP-Australia) and involves 7-8 sessions with an Occupational Therapist working with a person with dementia and their family/care partner to enhance participation in enjoyable activities in their own home and improve their quality of life. It shows family/care partners strategies to communicate with people with dementia, respond to changes in behaviour, and can make everyday tasks a little easier.

The program is not available in Australia yet but we want to know if it might work here. We hope to provide it from late 2019.

This research project is called "Implementing the Tailored Activity Program for People with dementia and their family living at home: i-TAP (Australia). It is funded by NHMRC: APP1137749.

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For now, we would like to know what supports you think would be helpful and what **you** think about this program and whether you think it might be useful for people in your situation.

We will come to your house (or anywhere that suits you) at a time & place that is convenient for you.

The interview will take about 40 mins. There is **no cost** associated with talking to us, and there is no obligation to participate.

If you are interested in participating or would like more information about the project, please email Catherine Travers or Sandra Smith at:

TAPdementia@uq.edu.au



