



Do you want to be part of a study to understand how exercise affects brain functions, like learning and memory?

***We are recruiting for a new study at
The University of Queensland, St Lucia***



Are you aged 65 to 85 and interested in your brain health?

Join our study and:

- **become more physically active**
- **participate in regular supervised exercise**
- **learn more about your brain**
- **be part of a supportive community**

**To find out more contact
Dr Mia Schaumberg:**

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This is a joint study between:



Queensland Brain Institute

School of
**HUMAN MOVEMENT
AND NUTRITION SCIENCES**



Centre for Advanced Imaging